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MAOR
SELF DEFENSE CENTER
ISRAEL



!!!20 years MAOR CENTER ISRAEL!!!

SPECIAL TRAINING CAMP with AMNON MAOR

open for everybody !!!

TARIFA, SPAIN 04 - 11. October of 2020

(04. October: day of arrival, 11. October: day of departure)

PROGRAM and REQUIREMENTS

-> **GOAL:** Formation to become a **KRAV MAGA MAOR SELF DEFENSE INSTRUCTOR** or to train the **MAOR self-defense system very intensely and to spend quality time together !**

HEAD COACH: Amnon Maor, Maor Center Israel. Assistant: Beat

-> **REQUIREMENTS FOR PARTICIPATION:** Insurance for accidents is responsibility of the participants (no liability is taken by the organizer!), **no previous conviction** (violence & serious crime). Amnon Maor can deny participation . **Minimum age: 18 .**

NOTE: To take pictures and videos is not allowed.

-> **PROGRAM:** 5 hours instructor training per day (Monday to Friday), **leisure sports action or relax on the beach in the afternoon, excursion to Tangier (Saturday, passport is required!)**

-> **CERTIFICATE:** Certificate of "Participation in the MAOR SELF DEFENSE Training Camp Tarifa 2020". **NOTE:** the participation of the instructor course doesn't automatically lead to an instructor degree. Amnon Maor examines every candidate very carefully during the course.

NOTE: Counts as an instructor course

-> Please bring your **MAOR PASSPORT** with you

-> **TRAINING EQUIPMENT:** sports clothes, sports shoes, **groin guard (!)**

-> **DON'T FORGET :** Notepad for your notes, swimsuit, sun cream, (guide book)

-> **PRICE OF THE COURSE:** 1000 Euros (**payable in cash on arrival**)

Included in the price of the course : Krav Maga Maor Self Defense course, morning sports, hotel (including breakfast), excursion to Tangier (including breakfast and lunch)
NOT included in the price of the course: Flight/car/food/afternoon activities

-> **ACCOMODATION:** Hotel ALBORADA, San José 40, 11380 Tarifa.

IMPORTANT: Please let us know date/time of arrival and departure. We make the reservation in a double room.

NOTE: **150 Euros/week additional costs for a single room!**

-> **FLIGHT:** Destination **MALAGA**. Aprox 150-250 Euros from Central Europe (**please make the reservation/buy the ticket yourself!**). www.wizzair.com from Vienna

-> **CAR:** A car is needed in Tarifa Info: aprox 30 Euros/day for a small car; aprox 50 Euros/day for a big car (7 persons) .Price: all included but fuel. Car reservation: (**please make the reservation yourself**, but tell him it is for the Training camp in Tarifa with Beat !) with **Patry Cars (Juan Reinaldo):** info@rentacarpatry.com

-> **EXCURSION:** One day (Saturday) excursion to Tangier: (for those who want to join) (**IMPORTANT: valid passport is needed; ID is not enough!**)

-> **AFTERNOON ACTIVITIES:** windsurfing, kitesurfing, stand up paddle, e-surfing, biking, climbing, horse riding, diving, whale watching etc. (**not included in the price**, but we are happy to help organizing it for you)





Registration and further information: beat@dwarf8.com

We are looking forward to welcoming you in Tarifa, the southern most town of continental Europe!!

Amnon Maor and Beat

