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MAOR
SELF DEFENSE CENTER
ISRAEL



SPECIAL TRAINING CAMP with AMNON MAOR

open for everybody !!!

TARIFA, SPAIN 02 - 09. October of 2022

(02. October: day of arrival, 09. October: day of departure)

PROGRAM and REQUIREMENTS

-> **GOAL:** Formation to become a **KRAV MAGA MAOR SELF DEFENSE INSTRUCTOR** or to **TRAIN the MAOR self-defense system VERY INTENSELY** and to **SPEND QUALITY TIME TOGETHER!**

-> **HEAD COACH:** Amnon Maor, Maor Center Israel. Assistants: Beat, Hugo

-> **REQUIREMENTS FOR PARTICIPATION:** Insurance for accidents is responsibility of the participants (no liability is taken by the organizer!), **no previous conviction** (violence & serious crime). Amnon Maor can deny participation . **Minimum age: 18 .**

-> **PROGRAM:** **4-5 hours training per day** (Monday to Friday), **special:** judging for self-defense competition

Leisure sports action or relax on the beach in the afternoon, excursion to Tangier on Saturday, (IMPORTANT: passport for Morocco is required!)

-> **NOTE:** Counts as an instructor course, but the participation of the instructor course doesn't automatically lead to an instructor degree. Amnon Maor examines every candidate very carefully during the course.

-> **NOTE:** To take pictures and videos is not allowed.

-> **DIPLOMA:** "Participation in the MAOR SELF DEFENSE Training Camp Tarifa 2022".

-> Please bring your **MAOR PASSPORT** with you

-> **TRAINING EQUIPMENT:** sports clothes, sports shoes, **groin guard (!)**

-> **DON'T FORGET :** Notepad for your notes, swimsuit, sun cream, (guide book)

- > **PRICE OF THE COURSE: 750 Euros (payable in cash on arrival)**
Included in the price of the course : Krav Maga Maor Self Defense course with diploma, morning sports
NOT included in the price of the course: Hotel / flight / car / food / afternoon activities/ excursion to Tangier

- > **RECOMMENDED ACCOMODATION:** Hotel ALBORADA, San José 40, 11380 Tarifa.
IMPORTANT: Please make the reservation of the (double or single) room yourself!
info@hotelalborada.com (please mention “KRAV MAGA CAMP / BEAT”)

- > **FLIGHT:** Destination **MALAGA**. Aprox 150-250 Euros from Central Europe
IMPORTANT: please make the reservation/buy the ticket yourself!
For example with <https://www.ryanair.com> from Vienna

- > **A CAR is needed in Tarifa** Info: aprox 30 Euros/day for a small car; aprox 50 Euros/day for a big car (7 persons) all included but fuel.
IMPORTANT: Please make the reservation yourself!, with **Patry Cars (Juan Reinaldo):**
info@rentacarpatry.com (please mention “KRAV MAGA CAMP in TARIFA / BEAT”)

- > **EXCURSIONS:** **Wednesday: dinner in beautiful Vejer**
 Saturday: excursion to Tangier: (for those who want to join)
 (IMPORTANT: valid passport is needed for Morocco; ID is not enough!)

- > **AFTERNOON ACTIVITIES:** Windsurfing, Kitesurfing, **Wing Foiling**, Stand up Paddle, e-surfing, biking, **E-bike tour**, climbing, horse riding, diving, whale watching etc.
(activities are **not included in the price**, but I am happy to help organizing it for you)





Registration and further information: beat@dwarf8.com

We are looking forward to welcoming you in Tarifa, the southern most town of continental Europe!!

Amnon Maor and Beat

